

# Module 9

**Module 9**

**Bringing It All Together**

Why?

To reinforce and apply the information learned this week. To prepare to return to our workplaces.

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**Activity**

- Divide into six groups
- Read *The Grant Application*
- Groups 1-5, complete your assigned section of *The Assessment* worksheet on p. 9.5
- Group 6, redesign the grant as a program planning and training grant
- Be prepared to report your assessment and recommendations

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# The Grant Application

Hope, Unlimited is a community-based organization serving Sprague County. Its focus is the prevention of alcohol related problems. The agency's executive director has prepared the following draft of a grant application to the Lippenstock Foundation and has asked you to critique it. A separate checklist, entitled *The Assessment*, will guide you through the process.

## I. Agency Resources and Staff

### Composition by Ethnicity

	White	Hispanic	African American	Native American	Asian/Pacific Islander	Other
Service area	65%	20%	10%	2%	3%	0
Board	80%	10%	5%	0	5%	0
Staff	90%	5%	0	0	0	5%

### Composition by Sex

	male	female
Service area	53%	47%
Board	10%	90%
Staff	5%	95%

### Qualifications of Staff

The agency employs 20 full-time staff. Due to low funding, most of the staff have fewer than five years of experience. Only one staff member, the executive director, has a graduate degree (M.S.W.). None of the staff have received formal training to be prevention professionals; their training has been informal and on the job.

## II. Project Description

This project will involve a curriculum with lessons about the negative effects of alcohol for youth ages 14–18. The lessons will take place after school at 1 of the local high schools. Teachers and other school staff will refer youth that are failing academically to the program. They will attend 5 sessions once a week for 1 hour. These presentations will begin with a 20-minute hard-hitting video depicting the tragic consequences of a young couple involved in a fatal alcohol-related crash on prom night. After the video, students will complete worksheets and participate in a group discussions about the negative effects of alcohol. The instructor will describe the various forms of alcoholic beverages and their effects. Students will then have an opportunity to ask questions and share concerns. Each student will receive an "I Promise to Stay Alcohol-Free" certificate at the conclusion of the class.

## III. Program Goals and Objectives

The program goal is to increase participants' knowledge about the dangers of alcohol, thereby eliminating DUIs and other alcohol-related problems among youth in the county.

Describe the program's objectives.

- 100 children will view a video about a fatal alcohol related crash.
- 100 children will sign an "I Promise to Stay Alcohol-Free" pledge.

**IV. Strategies**

Please place an X by the type of strategy the above project will include:

- universal
- selective
- indicated

Please place an X by the specific strategies that the above project will include:

- information dissemination
- education
- community-based process
- alternatives
- environmental
- problem identification and referral

Please place an X by the risk factors and protective factors that the above project will address:

**Risk Factors**

Community

- availability of drugs
- community laws and norms favorable toward drug use
- transitions and mobility
- low neighborhood attachment and community disorganization
- extreme economic deprivation

Family

- family history of the problem behavior
- family management problems
- family conflict
- parental attitudes and involvement in drug use

School

- early and persistent antisocial behavior
- academic failure beginning in elementary school
- lack of commitment to school

Individual/Peer

- alienation/rebelliousness
- friends who engage in the problem behavior
- favorable attitudes toward the problem behavior
- early initiation of the problem behavior
- constitutional factors

**Protective Factors**

- individual characteristics
- bonding
- healthy beliefs and clear standards

**V. Prevention Program Planning**

Describe your agency's efforts in assessing community readiness:

*Our staff spoke to parents and teachers, who all said this is a much-needed program. Everyone in the community supports it.*

Describe your agency's efforts in conducting a needs assessment:

*Problems are evident in county drunk-driving arrests and alcohol-related accidents. Alcohol is the number one problem impacting youth today.*

Describe your agency's efforts in prioritizing risk and protective factors:

*The executive director informally polls key community members and they agree that we need to reduce these risk factors.*

Describe your agency's efforts in conducting a resource assessment:

*There are no other programs like this in the community.*

Describe your agency's efforts in selecting the type of strategy (universal, selective, or indicated):

*All children need to know about the risks in drinking alcohol.*

Describe your agency's efforts in implementing best practices:

*Certain sections of a "Model Program" will be implemented.*

Describe your agency's efforts in evaluation:

*We plan to keep attendance records and keep track of how many students attend the lectures. We will administer pre- and post-tests to determine if participants increase their knowledge about the dangers of alcohol. We will look at drunk-driving rates 1 year after the program is taught to determine if there is a decrease in the rates.*

# The Assessment

Complete this worksheet based on the *The Grant Application*

1. Assess the adequacy of agency resources and staff and make recommendations for improvement:

	Area	Adequate	Inadequate	Recommendations for improvement
Composition				
Qualifications				
Ethics				

2. Assess the adequacy of how the agency addresses cultural diversity:

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Make recommendations for improvement:

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3. Assess the strategies employed:

- \_\_\_\_\_ Are the strategies related to the program objectives?
- \_\_\_\_\_ Does the program have an objective in support of each strategy it wishes to employ?
- \_\_\_\_\_ Would other strategies be more appropriate?
- \_\_\_\_\_ Are the risk factors and protective factors adequately addressed?

Make recommendations for improvement:

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4. Assess the developmental appropriateness of the approach:

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Make recommendations for improvement:

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5. Assess the adequacy of the agency in the following areas:

	Area	Adequate	Inadequate	Recommendations for improvement
Assessing community readiness				
Prioritizing risk and protective factors				
Conducting a resource assessment				
Focusing the population				
Implementing best practices				

**Evaluation**

6. Redesign: Review the SAPST and rewrite the grant application as a program planning and training grant.

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**Activity**

Anticipating and responding to tough questions, issues and concerns.

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**Topics of the Training**

- History of Drugs and Prevention
- Prevention Research
- Prevention Program Planning
- Evaluation
- Using Human Development in Prevention
- Cultural Context and Ethics of Prevention
- Prevention and the Media
- Applying Prevention to Community Groups

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**Applying What You've Learned**

- Something I learned new this week...
- Something I had a new understanding of this week...
- In the next week I will use something I learned in the SAPST and I will...

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**Bringing It All Together**

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**Questions and Discussion**



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**Congratulations!**

**Substance Abuse Prevention Specialist Training**



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